

MONDAY MOTHERS GATHERING

*Meet other new moms and learn more about parenting
your new baby
(For moms with babies four months and under)*

Meeting at Bini BirthLoft 5355 Cartwright Ave. Unit 313
North Hollywood 91601 Monday afternoons from 1 to
2:30PM

September 20th: Sleep, Finding What Works for Your
Family

September 27th Crying, Yours and Theirs

October 4th: What to do When Baby is Sick

October 11th: Infant Massage with Seva Kaur Khalsa

October 18th: When Lovers Become Parents, Changes in
Your Relationship with Your Partner

October 25th: Vaccinations, Making Informed Choices

Cost is \$60 for the six class series or \$15 per individual
class.

for more information contact nancybeyda@earthlink.net